

OTHER SUPPORT

RURAL OUTREACH - BRCC

0474 501 406

Ivan Lister - Rural Outreach Worker

- Available Monday and Tuesday
- On farm/home visits

If you are concerned about yourself, your family or a friend's wellbeing, Ivan can provide the link between the farm gate and support services.

FAMILY RELATIONSHIP ADVICE

www.familyrelationships.gov.au

1800 050 321

Information for all families - whether together or separated - about a range of services to assist with managing relationships, including helping families agree on arrangements for children after parents separate.

- Counselling
- Family mediation and dispute resolution
- Legal and financial advice

GECKO CLAN LANDCARE NETWORK

www.geckoclan.com.au

0418 140 710

Kerri Robson - Coordinator

- Up to date information, resources and workshops relevant to farmers and landholders.
- Administers Pest and Weed Management program together with Benalla Rural City Council. Rebates of \$500 available. Also available are free chemical handling and on-farm biosecurity courses.

ST VINCENT DE PAUL ASSISTANCE CENTRE

54a Carrier St, Benalla

0409 603 164

Can provide assistance with food, medical needs and utility bills. Vincent Care Financial Counsellor is on site once a fortnight. By appointment.

DROUGHT & DRY SEASON SUPPORT

RURAL FINANCE

www.ruralfinance.com.au

1800 260 425

On-Farm Emergency Water Infrastructure Rebate

- One-off 25 per cent rebate up to \$25K for purchase and installation of water infrastructure
- Open until 30 June 2020 or until funds are expended

AGBIZ ASSIST

www.agbizassist.org.au

1300 032 332

Not-for-profit social enterprise assisting farmers and rural business with financial counselling, succession planning and business continuity.

REGIONAL INVESTMENT CORPORATION

www.ric.gov.au

1800 875 675

Drought loans of up to \$2million offering 2 years interest free, 3 years interest only and 5 years principal and interest for eligible farms.

AGRICULTURE & WATER RESOURCES

www.agriculture.gov.au

1800 990 090

www.agriculture.vic.gov.au

136 186

www.water.vic.gov.au/groundwater/emergency-water-supply-points

Access to emergency water supply for stock and domestic purposes

www.dairyfarmercentral.com.au

03 5833 5312

- Central source of information for programs, initiatives and events available for dairy farmers and their communities
- Taking Stock - free consultation on your farm or location of choice, to help map out a plan for the season ahead



WHO CAN HELP HOW?

Resources for Benalla farmers and rural residents

Services and support available from government agencies and other sources, compiled by Benalla Rural City Council's Rural Outreach program.
February 2020

HELP WITH FINANCES

RURAL FINANCIAL COUNSELLING

www.rfcscvicne.org.au

1300 834 775

- On farm service
- Identifying and understanding your financial position
- Cash flow, budgeting and forecasting
- Reviewing loans
- Refinancing debt
- Farm debt mediation and assistance with negotiations between banks and farms.
- Accessing government assistance

FARM HOUSEHOLD ALLOWANCE

www.humanservices.gov.au

132 316

- Fiona Eaton - Wangaratta and Chris Hardsti - Shepparton
- Assist with Farm Household Allowance claim and work with farmers to develop action plan that fulfils Centrelink criteria
- Activity supplement of up to \$3000
- Asset threshold increased to \$5 million from 1/7/19.
- Hotline can be hard to get through but open to 8pm

FINANCIAL INFORMATION SERVICE

www.humanservices.gov.au

132 316

- On farm service
- Chris South - Financial Information Services
- Role is to make people aware of all available options, tax implications, legislation, how to access aged care.

UPPER MURRAY FAMILY CARE FINANCIAL COUNSELLING SERVICE

03 5761 2200

- David Newport - Financial Counsellor
- Based at Benalla Community Care, 45 Coster St
- Tuesdays by appointment

HEALTH SUPPORT - GP CLINICS

CARRIER STREET CLINIC

30 Carrier Street, Benalla

www.carrierstreetclinic.com.au

03 5762 4629

Monday 8.30am - 7pm

Tuesday - Friday 8.30am - 6pm

Saturday 8.30am - 12pm

Same day appointments with on-call GP available in urgent cases.

CHURCH STREET SURGERY

34 Church Street, Benalla

www.churchstreetsurgery.com.au

03 5762 1022

Monday - Friday 8.30am - 5.30pm

Saturday 10 - 11am (urgent cases only)

Same day appointments with GP available.

COSTER STREET MEDICAL PRACTICE

8 Coster, Benalla

03 5762 2538

Monday - Friday 8.30am - 5.30pm

BENALLA HEALTH CARE CENTRE & ACUPUNCTURE

83 Bridge Street East, Benalla

03 5762 2803

Monday - Thursday 8.30am - 5.30pm

Sunday 9am - 4pm

VIOLET TOWN MEDICAL CLINIC

46 Cowslip Street, Violet Town

03 5736 4000

OTHER HEALTH SUPPORT

BENALLA COMMUNITY HEALTH

45 Coster Street, Benalla

03 5761 4500

Monday - Friday 8.30am - 5pm

Intake worker assists with access to a diverse range of services and referral pathways.

Community Health Nurse, social work and counselling, physiotherapy, occupational therapy, podiatry, speech pathology, dietetics, diabetes management, health independence program and health promotion



If you are in crisis and need immediate help please call 000 for emergency services or 1300 783 347 for mental health triage.

VICTORIAN BETTER HEALTH CHANNEL

www.betterhealth.vic.gov.au

Health and medical information that is quality assured, reliable, up to date and easy to understand.

24 HOUR SUPPORT

LIFELINE 13 11 14

BEYOND BLUE 1300 224 636

MEN'S HELPLINE 1300 789 978

KIDS' HELPLINE 1800 551 800

NURSE ON CALL 1300 606 024

FAMILY VIOLENCE 1800 737 732

MENTAL HEALTH CRISIS LINE 1300 783 347

Information, assessment, referral