

2019 BENALLA LIVE4LIFE PROGRAM LAUNCHED



The 2019 Benalla Live4Life Program was launched Wednesday 20 March 2019, returning for the third year after a successful 2018 Program.

Live4Life aims to improve mental health literacy and mental health knowledge. Since 2017 when the initiative began in Benalla, more than 360 students and 90 adults have been trained in Mental Health First Aid (YMHFA).

The launch event included a sausage sizzle, guest speakers, bubble soccer, African drumming, stall holders and a range of activities and events organised by young people for young people.

The 2019 launch was supported by the Benalla Live4Life Partnership Group including Benalla Health, FCJ College, Benalla P-12 College, NE Tracks Local Learning and Employment Network, Tomorrow Today, Victoria Police, Benalla Flexible Learning Centre, NESAY,

Central Hume Primary Care Partnership, North East Child and Adolescent Mental Health Service, Benalla Community Suicide Prevention Steering Group, the Council and Youth Live4Life Inc.

For further information about Live4Life go to www.benalla.vic.gov.au or contact the Council's Customer Service Centre on 03 5760 2600.

VOLUNTEER SPOTLIGHT LIVE4LIFE CREW

The Live4Life Crew is a group of young people who are passionate about increasing awareness and knowledge of mental health in the community.

The Crew receive mental health training and promote positive mental health outcomes in Benalla Rural City.

Volunteers for the Live4Life initiative play a critical role in raising awareness about mental health in our community. If you're 14-16 years, contact the Council on 03 5760 2600 to talk about how you can be a part of the Benalla Live4Life Crew.

IMMUNISATIONS

We offer immunisation clinics for all members of the community. All vaccines on the National Immunisation Program Schedule (such as the flu vaccine for infants and children under five) are free of charge. The flu vaccine is also free for people with other medical risk factors, such as pregnant women and people over the age of 65 years.

Vaccinations are provided via a mobile immunisation service and are usually on the first Monday of the month. You can confirm the date of the service and let us know the vaccine you require by calling 1800 655 360.

We also provide school and workplace immunisations. Visit www.benalla.vic.gov.au for more information.



DID YOU KNOW? FIREWOOD COLLECTION

Dead and fallen timber provides important habitat for native fauna and flora. There are laws in place to minimise the threat firewood collection poses.



- You need a permit to collect firewood on Council managed road reserves. VicRoads doesn't allow firewood collection on roadsides they manage.
- During Autumn and Spring some areas of state forests are designated for firewood collection. There are rules but no fees. Visit ffm.vic.gov.au for more information.
- Firewood collection is prohibited in some areas of Benalla Rural City. You can check this at www.benalla.vic.gov.au
- During the CFA declared Fire Danger Period, firewood collection is not permitted on Council managed roadsides.
- Recently fallen wood can emit a lot of smoke when it burns. It's a good idea to collect your firewood a year in advance to allow it to dry out.
- You can collect up to 2 cubic metres per person per day and up to 16 cubic metres per household per financial year.
- The firewood you collect is for personal use only. It's not legal to sell it.



PET REGISTRATIONS ARE DUE

Visit or call the Council's Customer Service Centre to pay your animal registration to ensure your pet is registered for the year. Dogs and cats over the age of three months living within Benalla Rural City must be registered.

BE A PART OF THE 2019 BENALLA FESTIVAL

Are you interested in holding an event during the 2019 Benalla Festival?

This year's Festival runs from 2-10 November 2019 with the theme **Fiesta of Festivities**.

To be part of this year's program, download the Expression of Interest form from www.benallafestival.com and return it to us by Friday 26 July 2019.



JOIN THE COMMUNITY MEAL



Are you a resident over 65 years of age? Join us for a community meal once a month to share an experience with others and to hear a range of interesting guest speakers.

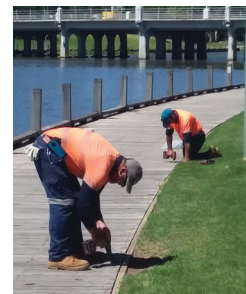
The meal is \$15 and includes a two-course lunch on the last Friday of the month at the Lakeside Centre, Arundel Street, Benalla.

The next lunch is on Friday 26 April and includes a speaker who will discuss My Aged Care. Bookings are essential on 03 5761 2250.

WORKS AROUND BENALLA RURAL CITY



We replaced 53 lineal metres of kerb and channel in Ethel Street.



We repaired the boardwalk along the Lake Benalla foreshore.



We cleaned out the gutters in Carrier Street, Gray Street, Barrington Street, Samaria Road, Purcell Street and Dunn Street. This is important as leaves begin to drop in Autumn.

GRADER



The grader has been working in:

Winton

- Fox Street
- Webster Lane
- Greta Road
- Eleven Mile Creek Road
- Winton-Glenrowan Road

Benalla

- Cemetery Road
- Four Mile Road
- Basin Road

Molyullah

- Upper Ryans Creek Road