### **OTHER SUPPORT**

# FAMILY RELATIONSHIP ADVICE www.familyrelationships.gov.au 1800 050 321

Information for all families - whether together or separated - about a range of services to assist with managing relationships, including helping families agree on arrangements for children after parents separate.

- Counselling
- Family mediation and dispute resolution
- Legal and financial advice

# GECKO CLAN LANDCARE NETWORK www.geckoclan.com.au 0418 140 710

Kerri Robson - Coordinator

- Up to date information, resources and workshops relevant to farmers and landholders.
- Events and networking opportunities

### ST VINCENT DE PAUL ASSISTANCE CENTRE 54a Carrier St, Benalla 0409 603 164

 Can provide assistance with food, medical needs and utility bills. Vincent Care Financial Counsellor is on site once a fortnight. By appointment.

#### WAMINDA COMMUNITY HOUSE

#### 19 Ballintine Street, Benalla 03 5762 4528

- Free food relief for whole of community
- · Limits apply, one bag per household
- Thursday 11.00am-1.00pm

#### **FARMING SECTOR SUPPORT**

#### RURAL FINANCE www.ruralfinance.com.au 1800 260 425

# VICTORIAN GOVERNMENT FLOOD RECOVERY PACKAGE

- Primary Producer Flood Recovery Grant (new)
- Rural Landholder Grant (new)
- Primary Producer Flood Recovery Transport Support Program
- Primary Producer Flood Recovery Concessional Loan
- Victorian Small Business and Not for Profit Organisations Flood Recovery Concessional Loans

#### AGBIZ ASSIST www.agbizassist.org.au 1300 032 332

Not-for-profit social enterprise assisting farmers and rural business with financial counselling, succession planning, business continuancy and skill-building opportunities.

# REGIONAL INVESTMENT CORPORATION www.ric.gov.au 1800 875 675

Australian Government-backed specialist finance provider for farmers and farm-related small businesses.

Their loan programs encourage the long-term strength, resilience and profitability of Australian farm businesses.

# AGRICULTURE & WATER RESOURCES www.agriculture.gov.au 1800 990 090

www.agriculture.vic.gov.au 136 186

# www.dairyfarmercentral.com.au 03 5833 5312

Central source of information for programs, initiatives.



Services and support available from government agencies and other sources, compiled by Benalla Rural City Council's Rural Outreach program. November 2022



#### **HELP WITH FINANCES**

#### RURAL FINANCIAL COUNSELLING

#### www.rfcsvicne.org.au 1300 834 775

- On farm service
- Identifying and understanding your financial position
- · Cash flow, budgeting and forecasting
- Reviewing loans
- Refinancing debt
- Farm debt mediation and assistance with negotiations between banks and farms.
- Accessing government assistance

#### **FARM HOUSEHOLD ALLOWANCE (FHA)**

## www.servicesaustralia.gov.au 132 316 - say 'Farm Household Allowance'

- FIA Case Officers: Fiona Eaton Wangaratta and Chris Hardsti - Shepparton
- Assist with Farm Household Allowance claim and work with farmers to develop action plan that fulfils Centrelink criteria
- · Activity supplement of up to \$3000
- Asset threshold increased to \$5 million from 1/7/19.
- Hotline can be hard to get through but open to 8pm

## FINANCIAL INFORMATION SERVICE (FIS)

### www.servicesaustralia.gov.au 132 316 - say 'Financial Information Service'

- Phone or personal appointments
- FIS officer role is to make people aware of all available options, tax implications, legislation, how to access aged care.

## UPPER MURRAY FAMILY CARE FINANCIAL COUNSELLING SERVICE

#### 03 5761 2200

- David Newport Financial Counsellor
- Based at Benalla Community Care, 45 Coster St
- Tuesday by appointment

#### **HEALTH SUPPORT - GP CLINICS**

#### **CARRIER STREET CLINIC**

30 Carrier Street, Benalla www.carrierstreetclinic.com.au 03 5762 4629

Monday 8.30am - 7pm Tuesday - Friday 8.30am - 6pm Saturday 8.30am - 12pm

Same day appointments with on-call GP available in urgent cases.

#### CHURCH STREET SURGERY

34 Church Street, Benalla www.churchstreetsurgery.com.au 03 5762 1022

Monday - Friday 8.30am - 5.30pm

Saturday 10 - 11am (urgent cases only)

Same day appointments with GP available.

#### COSTER STREET MEDICAL PRACTICE

8 Coster, Benalla 03 5762 2538

Monday - Friday 8.30am - 5.30pm

## BENALLA HEALTH CARE CENTRE & ACUPUNCTURE

83 Bridge Street East, Benalla 03 5762 2803

Monday - Thursday 8.30am - 5.30pm Sunday 9am - 4pm

VIOLET TOWN MEDICAL CLINIC

46 Cowslip Street, Violet Town 03 5736 4000

#### OTHER HEALTH SUPPORT

#### BENALLA COMMUNITY HEALTH

# **45 Coster Street, Benalla 03 5761 4500**

Monday - Friday 8.30am - 5pm

Intake worker assists with access to a diverse range of services and referral pathways.

Community Health Nurse, social work and counselling, physiotherapy, occupational therapy, podiatry. speech pathology, dietetics, diabetes management, health independence program and health promotion



If you are in crisis and need immediate help please call 000 for emergency services or 1300 783 347 for mental health triage.

### VICTORIAN BETTER HEALTH CHANNEL

### www.betterhealth.vic.gov.au

Health and medical information that is quality assured, reliable, up to date and easy to understand.

## **24 HOUR SUPPORT**

LIFELINE	13 11 14
BEYOND BLUE	1300 224 636
MEN'S HELPLINE	1300 789 978
KIDS' HELPLINE	1800 551 800
NURSE ON CALL	1300 606 024
FAMILY VIOLENCE	1800 737 732
MENTAL HEALTH CRISIS LINE	1300 783 347

Information, assessment, referral